

# HONORING MLK DAY 01.20.25

## *Mission Possible: Protecting Freedom, Justice, and Democracy*

Inspired by Martin Luther King Jr.'s Nonviolence365, this theme reminds us that safeguarding these values is achievable through daily, peaceful action. Together, we can drive positive change and uphold King's legacy of nonviolent resistance.



To learn more, visit:  
[bit.ly/DrMartinLutherKing-25](https://bit.ly/DrMartinLutherKing-25)



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# REMEMBER! CELEBRATE! ACT!

*January 20, 2025 will mark the 30th anniversary of the National Day of Service. This day was established to honor the life and legacy of Dr. King, and to encourage all Americans to volunteer to improve their communities.*

Americans celebrated the first official Martin Luther King Day, which is the only federal holiday commemorating an African-American, on Monday, January 20, 1986. In 1994, Congress designated the holiday as a national day of service and marking the third Monday in January every year as the Martin Luther King, Jr. Day of Service - a "Day On, Not a Day Off."



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# MAKE IT A DAY ON!

*Let's unite to celebrate the transformative power of service and continue Dr. King's legacy of building stronger, more inclusive communities.*

In the spirit of "Make it a Day On, Not a Day Off," we will reflect on his legacy and discuss ways we can actively contribute to our community through service. This is a great opportunity to come together as a team to honor Dr. King's memory while considering how we can take meaningful action in our own lives and within our workplace.



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# HOW TO PARTICIPATE

*LIFE'S MOST PERSISTENT AND URGENT QUESTION IS; WHAT ARE YOU DOING FOR OTHER?*

- DR. MARTIN LUTHER KING, JR.

## **Volunteer at a local organization:**

- Find opportunities at homeless shelters, food banks, community centers, or environmental clean-up initiatives.

## **Organize your own service project:**

- Gather friends, family, or colleagues to perform acts of service in your neighborhood.

## **Donate to causes aligned with King's values:**

- Consider supporting organizations focused on civil rights, social justice, or poverty alleviation.



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# PROTECTING FREEDOM, JUSTICE AND DEMOCRACY

*Let us remember that the work Dr. King began—fighting for civil rights, racial justice, and equality—is far from over. It is our responsibility to carry that torch forward, not just today, but every day. Whether through small acts of kindness or large-scale initiatives, we can continue to create a more just and peaceful world in his spirit.*

**As we close this week, let us carry Dr. King’s message with us:**

- **Freedom and justice are a continuous mission.**
- **Nonviolence is the most powerful tool for lasting change.**
- **The work of creating an inclusive world is never done.**

*Thank you for your participation in this week’s activities, and for your ongoing commitment to embodying the principles Dr. King championed. Together, we continue his mission, making progress each day toward a brighter future for all.*



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