

2-1-1 is a free telephone number providing access to local community services. 2-1-1 is available in multiple languages, allowing those in need to access information and obtain referrals to physical and mental health resources; housing, utility, food, and employment assistance; and suicide and crisis interventions. 2 1 1 also provides disaster preparedness, response, and recovery during declared emergencies.

HOMELESS RESOURCES

Fremont Human Services Department: Laundry, shower and meal services are available to the homeless community in Fremont. FHSD has arranged several locations throughout the city that are open Monday through Friday. Call (510) 574-2222.

FAITH BASED AGENCIES

Catholic Charities East Bay: Provides help with back rent, deposit, and utility assistance. Provide services like one-time financial assistance, budget review and counseling, case management, and referrals for additional resources. Call (510) 768-3100.

Compassion Network: The Christian-based non-profit organization will be giving out food Mondays and Thursdays. www.compassionnetwork.org.
Address: 39155 Liberty St. #H840, Liberty St, Fremont, CA 94538
Hours: Monday and Thursday 10am - 12pm, Phone: 510-796-7378

Salvation Army: Provides emergency assistance programs and services for Alameda County residents. Some of the assistance includes free food from a pantry, rental assistance, clothing, family stores, and funds for paying utility or heating bills, and free prescription vouchers.
Address: 1027 A St., Hayward. 36700 Newark Blvd., Newark, Phone: 510-793-6319

FAMILY RESOURCES

Family Service

Alameda County Family Justice Center: Support to individuals and families who have experienced domestic violence, sexual assault and exploitation, child abuse, elder or dependent adult abuse, and stalking. Call: 510-267-8800

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Domestic Violence Services: 24 Hour Hotline access to counseling shelters, etc.
Call: 510-794-6055

Childcare

Bananas

Call: 510-658-0381 Cities Served Alameda, Albany, Berkeley, Emeryville, Oakland. and Piedmont

4 C's Alameda County

Call: (510) 582-2182 ext. 3198

Cities Served: Castro Valley, Fremont, Hayward, Newark, San Leandro, & San Lorenzo Union City

Hively

Call: (925) 417-8733

Cities Served: Dublin, Livermore, Pleasanton, & Sunol

hello@behively.org

First 5 Alameda County

First 5 Alameda County helps young children grow up healthy and ready to learn during the most important time in their development. They offer various services to prepare children for school. Cultural Access services are available (translators). Call (510) 227-6900

Area Agency on Aging

Senior Information & Assistance team available to provide information about services for older adults. Call 800-510-2020 or 510-577-3530.

ADULT EDUCATION

Fremont Adult School: Free English classes, virtual or onsite

FINANCIAL RESOURCES

Consumer Credit Counseling Service of the East Bay: Call 866-889-9347

Technology Credit Union: Call: 408-451-9111 or toll free at 800-553-0880



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Money Management International: At MMI, we specialize in providing nonprofit solutions to everyday financial challenges. Our success is your prosperity. We offer a range of financial education and counseling services to tackle the most common setbacks consumers face today. Call: 877-614-2227

FOOD RESOURCES

Alameda County Community Food Bank offers various services access to groceries free of charge. Help with enrollment of the Cal Fresh program (formally known as Food Stamps). Call: (510) 635-3663

MEDICAL INSURANCE RESOURCES

Covered California is a free service that connects Californians with brand-name health insurance under the Patient Protection and Affordable Care Act. It's the only place where you can get financial help when you buy health insurance from well-known companies. That means when you apply, you may qualify for a discount on a health plan through Covered California or get health insurance through the state's Medi-Cal program. Call (800) 300-1506

HEALTH SERVICES

Bay Area Community Health: Health and Social Services. Call: 510-793-6465

Haller's Pharmacy: Vaccinations (Covid 19 first, second and boosters, Flu, and other immunizations)

Hers Breast Cancer Foundation: Call: (510) 790-1911.

MENTAL HEALTH RESOURCES

National Alliance of Mental Illness (NAMI): NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.



RCOZ.us: We are an open platform that connects the community via short video stories. These peer-to-peer conversations and personal narratives of everyday people who look and sound like you are relatable and help combat loneliness and uplift the mental and emotional well-being of society through human connections. Contact us

RENTAL ASSISTANCE AND HOUSING RESOURCES

ECHO Housing Assists residents living in Alameda County with move-in costs or delinquent rent due to a temporary financial setback. Livermore residents can call (925) 449-7340

Season of Sharing: Abode's social services department coordinates health and supportive services for participants in shelter and supportive housing programs, offering comprehensive on-site assistance. Some of their housing programs are permanent supportive housing and rapid re-housing. Call: (510) 657-7409

Alameda County Social Services Agency: Provides cash aid or housing voucher assistance to Alameda County families and single adults who are homeless or at risk of becoming homeless.

Mortgage Credit Certificate Program: On a Countywide basis, the Mortgage Credit Certificate Program (MCC) is available to assist FIRST TIME HOMEBUYERS, who meet certain income limits, better afford a first mortgage on their first home.

Fremont Landlord, Tenant, & Fair Housing Services: Provides landlords and tenants with confidential counseling for all rental housing questions, including security deposits, repairs, and termination of tenancy, evictions, privacy, and right to entry, retaliation, and rent increases. The agency also provides confidential counseling and investigation of housing discrimination complaints, referrals for legal assistance, and community education on fair housing laws. Call (510) 574-2270

Affordable Housing in Alameda County

Apply for affordable housing within Alameda County with both rental and ownership opportunities.

Operation Dignity

Provides shelter, housing, street outreach, and supportive services to people experiencing homelessness, with a special focus on veterans in partnership with the U.S. Department of Veterans Affairs. Call (510) 287-8465

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Society of St. Vincent de Paul Alameda County: Provides various assistance to low-income families and the homeless in Alameda County. Resources offered include, but are not limited to, food pantries, computer and job training, health clinics, and other programs for the working poor and low income.

LEGAL

Bay Area Legal Aid

Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation. Provider serving seven Bay Area counties.

Call: (800) 551-5551